

JUNIOR LEAGUE OF MIAMI

MAGAZINE

WINTER 2014

"Much like a banyan tree our cultivation of each successive generation of volunteers has and continues to foster an intricate network of women leaders who are the roots and branches of our community."

- Liz Bodner

**COMMUNITY
SPOTLIGHT**
JLM'S EXCITING PROJECTS

**FASHIONABLY
YOURS**
MUST-HAVE STYLES
FOR THE SEASON

**SUSTAINER
FOCUS**
PARENTING TIPS
FROM THE EXPERTS

**DELICIOUSLY
DIVINE**

CHEF PETER VAUTHY'S
RECIPE FOR THE HOLIDAYS

Editor
Kara Franker

Contributors
Liz Bodner, Lynley Ciorobea, Nicole Bared Puerto

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Artis Design Group

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Deliciously Divine
Apple Sausage Stuffing Recipe

SAVE THE DATE

The 14th annual Women Who Make A Difference luncheon will take place on Friday, April 17 at the InterContinental Miami.. This signature fundraiser honors women in Miami-Dade County who have made a significant impact on the lives of women and children through their voluntarism and leadership. The event will feature a silent auction and awards presentation. Contact fundraisers@jlmiami.org for sponsorship and table host opportunities.

SPECIAL THANK YOU

Thank you to all of you who supported Miami Magic on October 18, 2014. It was a magical night for the Junior League of Miami and our signature projects, Inn Transition North and Inn Transition South. More than 200 people attended the affair, complete with dinner, dancing and a celebration of the women we serve.

OUR MISSION:

The Junior League of Miami, Inc. is an organization of women committed to promoting voluntarism, developing the potential of women and improving communities through the effective action and leadership of trained volunteers. Its purpose is exclusively educational and charitable.

The Junior League of Miami Magazine is published biannually for all members and friends of the Junior League. Communications may be addressed to:

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One of my favorite children’s books is Dr. Seuss’ *Horton Hears a Who*. A verse that I often think about is: “That one small, extra Yopp put it over! Finally, at last! From that speck on that clover their voices were heard! They rang out clear and clean. And their whole world was saved by the Smallest of All!” It is a great example of how important it is to observe, listen, and be engaged, because every one of us makes a difference.

As we approach the half-way mark in our JLM year, I have seen many examples of working together, listening and observing within our membership. It is because we care about our community; we care about training women; we care about developing leaders that we are able to make a difference in each other’s lives and the lives of those we serve. Let’s continue the good work of JLM and remember to reach out and mentor a member to be tomorrow’s leader.

Regards,

Maria Figueroa Byrd
President



It is my pleasure to bring to you a brand new version of what was formally known as the Junior League of Miami Journal. In careful consideration of the League’s mission, my hope is that this new glossy, full-color magazine will shed a more public light on the important work that JLM does in the community and connect our members and supporters in a deeper and more meaningful – and even entertaining – manner. From fashion and parenting tips to a new recipe for you to try from a well-known chef, this new edition is meant to not only inform, but entertain and inspire.

Thank you Liz Bodner for crafting a beautiful feature article describing the League’s long-term leadership impact on our members, as well as demonstrating steadfast leadership in your role as our Vice President of Communications. And I’d also like to thank Emilie Wernick for your steadfast support, encouragement, and leadership in the selection of the new format for this publication. I’m looking forward to our spring edition of the magazine and if you’d like to contribute, please feel free to drop me a line, Kara@KaraFranker.com.

Happy Holidays,

Kara Franker
Editor 2014-2015



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LET'S GET SOCIAL

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Junior League Miami @JrLeagueMiami
Congratulations to Deidre Krause, Public Relations Chair, for being recognized as a Super Leaguer.

JLMiami President @JLMPrez
With president elect Emilie Wernick at @JuniorLeague fall leadership conference

Gemma Carrillo @gemmamiami
WOW!! Just got my invite to @JrLeagueMiami's #MiamiMagic on #Oct18 @UnivMiami Newman Alumni Center #partyofyear #fun #magic

Helen Quinn @HelenQuinn01
@JrLeagueMiami I love the opportunity to network with like minded women who want to impact the greater community through service.

Maggie Valliant @maggie_valliant
A great class of provisional members for 2014-2015! #JLMSuperSat

Junior League Miami @JrLeagueMiami
Great turnout last night at the #NeimanMarcus #ProjectBeauty event!



Junior League Miami @JrLeagueMiami
Our incoming president, Maria Figueroa Byrd, was featured this week in the #ElNuevoHerald



Junior League Miami @JrLeagueMiami
Superstar sustainer Deborah Korge was featured in @MiamiTodayNews for her work with @CasaValentina1



Junior League of Miami
Today, we recognize Teresa Zohn who has been integral to the creation and success of ITN. Teresa prepared the original grant for ITN and together with Claudia Kitchens and Lynn Summers; put ITN into operation in 1990. ITN and ITS have become JLMs signature projects and past president Karen Key Cabrera describes Teresa as the "embodiment" of ITN. "She is and was that project in a way I have never seen within the League; I could call her for everything and anything; it did not matter what you asked of her, if it had to do with ITN, she never said no." Teresa's contribution is significant. It is meaningful. It has had an impact. And, we are so thankful for her.
#SuperLeaguer



Junior League of Miami
Therapy dogs Sancho & Sully were greeted by dozens of kids at the Miami Lakes Public Library for the launch of the Junior League's 2014-15 "P.A.W.S. to Read" program.



Junior League of Miami
Congratulations to one of our past presidents, and current sustainer advisor - Erin Dolan Knight! She is featured as a new generation leader in the Miami Herald's 20 under 40.

COMMUNITY SPOTLIGHT

Taking care of our community is an important part of the Junior League of Miami's mission. At a glance, here are some of the projects we're working on this year.



BREAKTHROUGH MIAMI

breakthroughmiami.org

GOAL

Provide free academic enrichment programs for under-resourced middle-school students, so that they can increase their future opportunities for success and entrance into college.

HOW WE HELP

Volunteers assist in developing college-bound programming.

CHAIRS

Monica Barnes and Deborah Koch



The Junior League of Miami runs a signature community project called Done In A Day to assist community organizations with short-term projects that can be accomplished in one day. To submit your project for consideration, please download an application form on our website and send to committee chairs Emily Hill and Diana Santovenia at diad@jlmiami.org.

Community Advisory Board: Leona Ferguson Cooper, Thomasina Turner Diggs, Dr. Pedro J. Greer, Jr., Dr. Nilza Kallos, Israel Kreps, David Lawrence, Jr., Honorable Cindy Lederman, Dean Isaac Prilleltensky, Marjorie Raines, Honorable Deborah White-Labora

CAMILLUS HOUSE

camillus.org

GOAL

End chronic homelessness in Miami.

HOW WE HELP

Volunteers plan self-esteem building and personal improvement activities, coordinate clothing drives, and provide nutritious meals.

CHAIRS

Marta Acosta and Laura Mojeno

PATRICIA & PHILLIP FROST MUSEUM OF SCIENCE

miamisci.org

GOAL

Create enriching and enlightening science exhibitions for local students, families, and community members.

HOW WE HELP

Volunteers act as museum hosts and docents for monthly family fun nights.

CHAIR

Jennifer Cohen

INN TRANSITION NORTH & INN TRANSITION SOUTH

jlmiami.org/inn-transition-north

GOAL

To provide housing and resources to women and their children who are survivors of domestic violence.

HOW WE HELP

Volunteers provide life skills training and mentoring.

CHAIRS

M. Elyse Barrett, Kerri McNulty, Jennifer Suleman, Angela Carrillo and Jennifer Levin



OUR PRIDE ACADEMY

ourprideacademy.org

GOAL

Help students with developmental disabilities to improve and enhance their creative, social, cognitive, and fine motor skills.

HOW WE HELP

Volunteers plan and implement monthly visual arts classes for students with developmental disabilities.

CHAIRS

Ashli Fischer, Alison Kennedy-Davis and Tania Paredes



CHARLEE OF DADE COUNTY

charlee.org

GOAL

To provide resources and support that help abused, abandoned, and neglected children and at-risk families reach their full potential.

HOW WE HELP

Volunteers facilitate important life skills trainings for teens aging out of foster care.

CHAIRS

Ana Avila and Dwanita Fields

THERAPY DOGS

therapydogs.com

GOAL

Encourage students to read through the "Paws to Read" literacy program at Miami-Dade Public Libraries.

HOW WE HELP

Volunteers and their certified dogs participate in reading sessions with children.

CHAIRS

Monica Auslander and Monique Huynh

WHISPERING MANES

whisperingmanes.org

GOAL

Promote healing and increased self-confidence and self-esteem in domestic violence survivors.

HOW WE HELP

Volunteers help facilitate a program called Therapeutic Horsemanship.

CHAIRS

Jessica Delgado and Alana Garcia



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MUST-HAVE STYLES FOR THE SEASON

by Nicole Bared Puerto

With the holidays in full swing, we caught up with Erin Young Smith, co-owner of the adorable Kristine Michael boutique in South Miami, to find out what to wear this season.

NICOLE: What common themes are you seeing for this winter season from the runway?

ERIN: Themes off the runway that inspired us are metallics, American western, lace, fringe, floral and abstract prints, and sporty chic.

NICOLE: What are the key must-have pieces for Miami's winter season?

ERIN: Winter in Miami is always tricky because of our warm weather. Coats, furs, and high boots are pretty unrealistic when it's 80 degrees outside! The best way to incorporate the season into your everyday wardrobe, is to showcase color, prints, and accessories. Go for a sexy red top or dress, a light weight leather jacket, a cool track pant and a statement necklace.

NICOLE: I follow your Instagram account and I love it when you make outfit suggestions for certain events. What's a great New Year's Eve outfit? Favorite casual outfit for the season? Office holiday party?

ERIN: For NYE I would go for the sequin skirt from Haute Hippie with a little tank, a Clover Canyon scuba dress, or the silver crop top and matching pencil skirt from A.L.C. Our favorite casual everyday look right now is a pair of Design with Purpose pants from Gwen Stefani's line with a luxe tee either from Bella Luxx, Joie or Vince — it's all about comfort and practicality. For an office holiday party, I love the navy lace jumpsuit from Marchesa Voyage, the red asymmetrical dress from Haute Hippie, or the long black silk skirt from Stone Cold Fox, paired with a white blouse from Walter Voulez and a statement necklace from BCBG.

NICOLE: And we want to say thank you so much for supporting Junior League throughout the years! Tell us what's in the future for your boutique.

ERIN: We always love to support the Junior League of Miami! We're celebrating our 23rd anniversary and we've had a few changes over the past year. Founding partner and buyer Barbara Hinterkopf decided to retire and I joined Jeanie Bonner as the new buyer and co-owner. Barbara and Jeanie actually met through Junior League when both of them were members and decided to open a store together! In the future, you can expect a refreshed KM with new designer additions and of course, our always welcoming and lovely staff. When you come visit us, we want you to feel as if you're coming into our home. ☺

Kristine Michael is located at 7271 Red Road, South Miami, FL 33143. For more information, call 305-665-7717 or visit the store online at KristineMichael.com. To stay updated on all their fabulous new looks for the season, follow KM on social media: facebook.com/KristineMichaelApparel, twitter.com/kmboutique, instagram.com/kristinemichael.



By: Lynley Ciorobea

Laura Walker and Sue Nichols are Junior League sustainers (members who served as actives for at least eight years) and are huge supporters of our organization. They met more than 40 years ago when working together on projects for the League and have been friends ever since. Almost 10 years ago, they started teaching parenting classes together ("Growing in Grace") for moms with young children in our community. Now this dynamic duo have quite the following. We met with Laura and Sue to ask them a few questions about how to parent.

Why do I have to ask my child a question three times before they finally listen?

You must quit using so many words and act. "I've told you 100 times..." "Aren't you listening to me?" "How many times do I have to tell you?" These phrases are not effective. Kids aren't listening – in fact, they're likely tuning you out. Your actions speak louder than your words. One mother had three children and when they'd get ready for school, one was always slow. One morning, the mom said, "If you aren't dressed by the time we are ready to leave, you are going to school in your pajamas." The time came and, sure enough, the little girl wasn't dressed, so the mom made her get in the car in her pajamas. The little girl freaked out and begged her mom to let her get dressed at home, but the mom stuck with the plan. They arrived to school with one child in pajamas (she changed in the bathroom later). The mom never had trouble again with this issue. Instead of all the talking and negotiating, just act.

What's the best way to stop bad behavior?

Appropriate consequences are critical. We had a client in one of our classes who had a three-year-old son that bit other children. She had tried everything to correct the behavior, but nothing worked. Then she told her son that when you bite someone, you get their germs in your mouth. So from then on, anytime he bit someone, she'd have to spray Listerine in his mouth to

get rid of the germs. It only took one time and he never bit another child again. Give consequences that a child really wants to avoid and the bad behavior will stop. No more warnings and threats; select the consequence and follow through. It works! If the consequence you're using isn't working, then change the consequence until you find something that does.

What can couples do to be better disciplinarians as a team?

The answer is so simple – always be on the same page! You are a team, and you should always support each other's decisions. One of our clients had a rule in the car that children couldn't watch TV unless they were on a road trip. One day, when the whole family was in the car together, the son cried to the dad to turn on the TV and dad sarcastically said to the child "Mommy won't allow TV in the car so I guess the answer is no." He tried to be the "good guy" and make mommy the meanie – a giant parenting no-no. Your child must understand that mom and dad are on the same team and cannot be separated.

Can you sometimes let bad behavior slide?

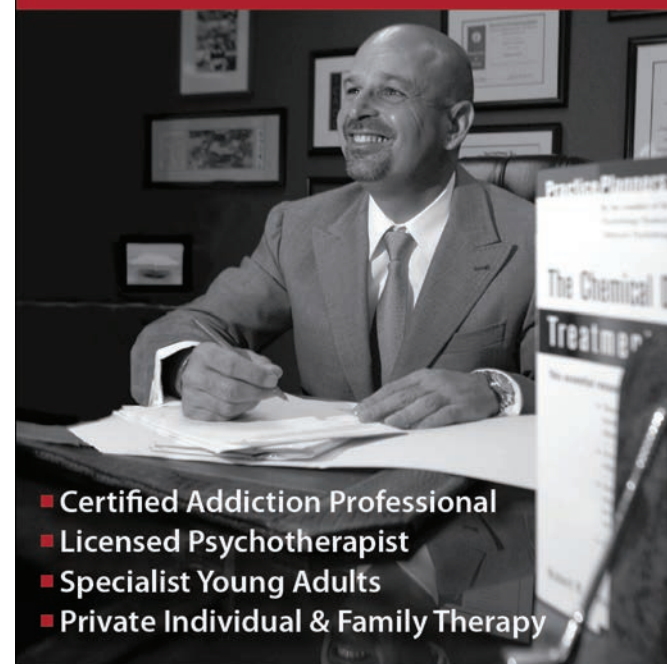
What you permit, you promote. What you accept, you teach. So if you accept sassy behavior without dealing with it, no matter what time of day it is, you are teaching your child that sassy is sometimes okay. When it comes to parenting, consistency is key. If you're walking down the candy aisle in the grocery store and your children are whining and begging for candy and you say "okay, just this once," then you've just promoted that behavior. They will whine and beg every time you reach that aisle again because they know you will give them what they want. Hold your ground and be consistent.

For information on "Growing in Grace" parenting classes, contact Laura Walker at lauracwalker@bellsouth.net.

Instead of all the talking and negotiating, just act.

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NOT JUST
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SEEDS**
OF LONG-TERM
COMMUNITY IMPACT

By: Liz Bodner

“You’re frustrated because you keep waiting for the blooming of flowers of which you have yet to sew the seeds.” - Steve Maraboli, *Unapologetically You: Reflections on Life and the Human Experience*.

The Junior League of Miami began planting seeds of community leadership when it was founded 88 years ago — around the same time Coral Gables’ famous banyan trees were planted.

Much like a banyan tree, JLM’s cultivation of each successive generation of volunteers has and continues to foster an intricate network of women leaders who are the roots and branches of our community.

What do a number of well-known Miami non-profits, including Casa Valentina, Lotus House, Charlee, Camillus House, Break-through Miami, Branches, and countless others have in common? They each have a current or past director, president or board member who began or expanded her community service through membership in the Junior League of Miami.

The Junior League of Miami’s mission is to be: “an organization of women committed to promoting voluntarism, developing the potential of women and improving communities through the effective action and leadership of trained volunteers...”

In reading these words, most people stop after “promoting voluntarism,” and in so doing, they miss what may be the truest and most critical element of the Junior League’s mission and long-term community impact: the training of women as community leaders,

empowering them to lead the effective action that our community needs to move forward.

While JLM’s membership proudly includes many women whose focus within the League is on community voluntarism through one of our signature projects or community projects (volunteering “out in the community,” often in partnership with other organizations), at least as many members volunteer in the running of the League itself, as the only paid positions in the organization are two part-time administrative staff.

In this respect, the Junior League is unique – which not only keeps overhead expenses as low as possible (since staffing is usually the largest expense an organization incurs), it allows for unparalleled hands-on training of women leaders in how to run various components of a non-profit and, ultimately, when those pieces are put together, how each woman leader can most effectively seek and create change in her community.

Each member in a leadership position in the League is essentially taking on a part-time (or sometimes closer to full-time) job in the running of a successful non-profit organization with an annual budget of nearly \$700,000, thereby receiving invaluable on-the-job training on a very real and professional level. This hands-on experience is in addition to the formal leadership training seminars that the League puts on for its leaders and for the benefit of all members.

It is this investment in training and developing women leaders

that pays the most dividends for the League and for the community as a whole – because once a member has learned the many lessons offered through the League, she is well-equipped to step into a leadership role in any other non-profit organization with confidence.

cultivation of each successive generation of volunteers has and continues to foster an intricate network of women leaders who are the roots and branches of our community.

Thus, each year, as new members join JLM and volunteer, whether in the community or within the League itself, now-trained leaders and volunteers are in a position to expand their involvement through leadership in and advocacy of other organizations effecting meaningful change in our community. It is this investment in members, this nurturing of seeds for future success as community leaders far beyond their involvement in the League itself, that is and will continue to be the most impactful part of JLM’s mission, and our most enduring legacy. 11



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CHEF PETER VAUTHY'S APPLE SAUSAGE STUFFING RECIPE

by Kara Franker

What's it take to put together a phenomenal holiday meal? "Plan as far ahead as you can, so you don't end up going back and forth to the store," says Peter Vauthy, head chef at **Red, the Steakhouse** in South Beach. "It's always a killer when you're cooking — especially with the chaos of the season, so think ahead."

He adds that great holiday meals tend to not only take time, but also a little TLC. Go for quality products like organic meats and try not to rush the time you actually spend cooking. "For me, the holidays are always about making your guests feel at home," says Chef Vauthy. "My holiday favorites always take me back to when I was a kid, and apple sausage stuffing and ricotta cheesecake are two holiday dishes I'm still making to this day."

Chef Vauthy was kind enough to share his apple sausage stuffing recipe. If you give it try, be sure to upload a photo and tag @JrLeagueMiami and @RedSteakhouse on Twitter.

APPLE SAUSAGE STUFFING

INGREDIENTS:

- 1 Bag bread crumbs, 15 oz.
- 4 Granny Smith apples, peeled, cored and diced
- 1 Jar apple sauce
- 1 Small onion, diced small
- 2 Cloves garlic, minced
- 1 Bulk Italian sausage
- 2 Eggs
- 2 Tablespoons butter
- 2 Tablespoons chopped parsley

INSTRUCTIONS:

Brown off the sausage, drain off the excess fat and set aside. In a medium saucepan, melt the 2T of butter and sauté the onions, garlic, and apples. In a large bowl, combine the breadcrumbs, apple sauce, parsley, eggs, and mix until evenly combined. Now add the sausage and apple mixture and mix thoroughly. Place in an oven-safe dish and bake at 350 for 20-25 minutes until golden brown.

Red, the Steakhouse is located at 119 Washington Ave., Miami Beach, FL 33139. For more information, call 305-534-3688 or visit redthesteakhouse.com.

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