

Bio for  
Sammi L. Siegel, Ph.D.  
Licensed Mental Health Counselor

Dr. Sammi L. Siegel began her career in the Department of Psychiatry at Miami Children's Hospital where she worked as the Music Therapist and Activities Director having extensive experience working with children, adolescents and families in distress. For five years she served on the faculty at Wayne State University in Detroit, Michigan and the University of Windsor, in Ontario, Canada as the Director of Music Therapy. For the past 25 years, Dr. Siegel has been working privately within a clinical practice in Michigan and Florida specializing in divorcing families and eating disorders.

Dr. Siegel specializes in treating eating disorders and is a Certified Eating Disorder Specialist. In particular, she specializes in the treatment of obesity-related concerns, working with binge-eating disorders, compulsive overeating, and with patients undergoing surgery for weight loss. Specifically, she provides the necessary psychosocial evaluations for patients seeking weight loss surgery.

For eight years, Dr. Siegel worked as an Independent Contractor at the Oliver-Pyatt Centers facilitating groups in Spirituality and Music and Meditation.

Dr. Siegel is a graduate of the University of Miami School of Music with a concentration in Music Therapy, The Center for Humanistic Studies in Detroit, Michigan, with a degree in Clinical Psychology and a graduate of Oakland University in Rochester, Michigan with a degree in Integrative Medicine and Wellness.

Dr. Siegel holds a Florida Mental Health Counselor License. She provides individual, couples, and family therapy.